

Table 1. Demographic and clinical characteristics of the studied subjects (mean $\pm$ SD)

	Controls	HD	HD/ Exercise	P
Number	35	31	19	
Male/Female	22/13	21/10	12/7	0.080
Age, years	56.7 $\pm$ 13.8	58.9 $\pm$ 15.8	58.1 $\pm$ 8.7	0.110
BMI, kg/m ²	23.9 $\pm$ 2.4	24.03 $\pm$ 2.5	24.9 $\pm$ 2.1	0.138
Smoking: n (%)	9 (25.7)	6 (19.4)	4 (21.0)	0.180
Hypertension: n (%)	-	23 (74.2)	12 (63.5)	0.320
Diabetes: n (%)	-	12 (38.7)	5 (26.3)	0.210
Cardiovascular Disease: n (%)	-	7 (22.5)	4 (21.0)	0.180
eGFR: ml/min/ 1,73m ²	113.19 $\pm$ 15.40	<15.0	<15.0	<0.001

HD: Hemodialysis, BMI: Body Mass Index, eGFR: estimated Glomerular Filtration Rate