

Table 3. Correlation coefficients of baseline TGF- β 1 with other study parameters.

Variables	r	p
Age	0.243	0.044
FPG	0.523	<0.001
Body weight	0.056	0.650
BMI	0.171	0.159
Waist circumference	0.172	0.157
Total cholesterol	0.299	0.016
Triglyceride	0.170	0.179
HDL-C	0.068	0.593
LDL-C	0.261	0.037
TGF- β 1 (12 weeks)	0.504	0.001