

### **Table 3.** Risk Factors For Atherosclerosis Associated With Adult Growth Hormone Syndrome

---

Increased visceral fat

Increased insulin resistance

Increased LDL-cholesterol and ApoB

Decreased HDL-cholesterol

Higher incidence of hypertension

Increased carotid intima-medial thickness

Decreased nitric oxide generation – Impaired endothelium dependent vasodilation

Hypercoaguability (↑ plasminogen activator inhibitor, ↑ fibrinogen)

Increased inflammatory markers of vascular disease (↑ CRP)

---