

Table 3. Odds Ratios and 95% CI of the factors associated with overweight and obesity

	Overweight		Obesity	
	OR	95%CI	OR	95%CI
Age (years)				
<35	1.0	(ref)	1.0	(ref)
35-49	1.56	1.26-1.92	3.85	2.71-5.48
50-64	2.0	1.55-2.57	5.84	3.95-8.63
65+	1.75	1.22-2.49	4.3	2.6-7.08
Education (years of study)				
<7	1.0	(ref)	1.0	(ref)
7-12	0.78	0.64-0.96	0.94	0.74-1.2
13+	0.76	0.59-0.98	0.38	0.27-0.55
Physical activity				
Non-Exercised	1.0	(ref)	1.0	(ref)
Exercised	0.85	0.72-1.01	0.41	0.31-0.54
Smoking status				
Non-Smokers	1.0	(ref)	1.0	(ref)
Smokers	0.83	0.72-0.95	0.85	0.69-1.05
Gender				
Male	1.0	(ref)	1.0	(ref)
Female	0.36	0.31-0.43	1.82	1.45-2.29
Profession				
Civil Employee	1.0	(ref)	1.0	(ref)
Private Employee	0.77	0.59-1.01	0.67	0.47-0.96
Housekeeper	0.92	0.67-1.26	0.41	0.27-0.61
Pensioner	1.0	0.70-1.42	0.54	0.35-0.83
Student	0.36	0.23-0.55	0.33	0.11-0.99
Self-Employed	0.86	0.65-1.14	0.67	0.46-0.98