

Table 3. Baseline and follow-up whole body composition analysis [Mean (SD)] in 58 HIV – positive men who completed the 2-year follow-up period.

	Baseline	2 year follow-up	% change from baseline	P*
Baseline % body fat $\leq$ 24.2, N=29				
Weight (Kg)	70.8 (10.2)	67.8 (8.4)	-3.79 (6.02)	0.002
Bone Mineral Content (Kg)	2.61 (0.35)	2.48 (0.36)	-5.00 (3.31)	0.0001
Fat mass (Kg)	12.24 (3.91)	11.13 (3.36)	-5.29 (22.7)	NS
Lean mass (Kg)	55.15 (7.57)	53.73 (7.39)	-2.52 (3.75)	0.001
Baseline % body fat $>$ 24.2, N=29				
Weight (Kg)	78.6 (11.2)	74.5 (11.1)	-5.10 (5.94)	0.0001
Bone Mineral Content (Kg)	2.62 (0.41)	2.53 (0.42)	-3.15 (4.34)	0.0001
Fat mass (Kg)	23.63 (5.10)	19.10 (7.30)	-20.74 (3.84)	0.0001
Lean mass (Kg)	51.55 (7.84)	52.86 (7.32)	2.81 (4.95)	0.013

*Student's t-test for paired observations