

Table 1. Clinical risk factors for insulin edema[#]

Age	20-40 years
Type of Diabetes	Type 1
Glycemic control	Poor >strict
Nutritional status	Malnutrition
Diabetic duration	New-onset diabetes
Duration of insulin therapy (mean)	9.2 years
In Insulin dosage	High dose >low dose

[#]Adapted from Kalambokis et al¹²