

Table 3. Multiple regression analysis with dependent variable HOMA-IR

	Beta	t	p
Waist	0.726	3.948	< 0.001
Age	-0.116	-0.637	0.528
BMI	-0.026	-0.116	0.908

Note: BMI: Body mass index, model $r^2=0.425$, significant differences: $p < 0.05$.