

HORMONES SYMPOSIA



AGING:

Towards **Eulongevity**



5-7 OCTOBER, 2007
Mykonos Greece

Welcome Address

“Old age is good but so is youth”

Fokelydes

“Accept Aging”

Isocrates

Dear Colleague,

On behalf of the Organizing Committee, I would like to cordially invite you to a scientific gathering on the beautiful island of Mykonos.

The theme of the Symposium is “Aging”. Even though one might possibly feel that this theme does not strictly accord with the youthful 'image' of this particular island, we expect that the knowledge presented during these days may indeed promote EUlongevity.

Best regards,

C. Dacou-Voutetakis

President of the Organizing Committee

ORGANIZING COMMITTEE

C. Dacou-Voutetakis

M. Alevizaki

G. Chrousos

E. Diamanti - Kandarakis

L. Dountas

G. Koukoulis

G. Mastorakos

S. Tsagarakis

Scientific Program

SATURDAY 6.10.2007

9:00-9:30 Greetings
C. Dacou-Voutetakis and G. Chrousos

Session 1

Presidents: **A. Papavassiliou - M. Alevizaki**

9:30-10:00 **Andrzej Bartke:**
Longevity. Genes or environment?

10:00-10:30 **George Garinis:**
DNA damage, repair and aging.

10:30-11:00 **Ioannis Bossis:**
Autophagy and aging.

11:00-11:30 Coffee Break

Session 2

Presidents: **G. Creatsas - N. Thalassinou**

11:30-12:00 **Felipe Casanueva:**
The GH - IGF 1 axis and longevity.
The paradigm of GH deficiency.

12:00-12:30 **Zvi Laron:**
The GH - IGF 1 axis and longevity. The paradigm
of IGF 1 deficiency.

12:30-13:00 **Ilpo Huhtaniemi:**
Gonadal hormones and the aging male.

13:00-13:30 **Sarah Berga:**
Gonadal hormones and the aging female.

13:30-17:00 Lunch Break

Session 3

Presidents: **A. Tsatsoulis - E. Diamanti-Kandarakis**

17:00-17:30 **Dimitrios Galaris:**
Oxidative stress and aging.

17:30-18:00 **Helen Vlassara:**
Advanced glycation and aging.

18:00-18:30 **Eero Kajantie:**
Intrauterine life and adulthood.

18:30-19:00 Coffee Break

Session 4

Presidents: **A. Vagenakis - G. Koukoulis**

19:00-19:30 **Robin Peeters:**
Thyroid hormones and aging.

19:30-20:00 **Roger Bouillon:**
Bone health and aging.

SUNDAY 7.10.2007

Session 5

Presidents: **S. Tsagarakis - A. Margioris**

9:00-9:30 **Michael Roden:**
Insulin resistance.

9:30-10:00 **Elissa Epel:**
Stress and aging.

10:00-10:30 **Alexandros Vgontzas:**
The impact of sleep on longevity.

10:30-11:00 Coffee Break

Session 6

Presidents: **G. Mastorakos - L. Duntas**

11:00-11:30 **Emanuela Arvat:**
Can aging be delayed by pharmacotherapy?
The pros and cons of pharmacotherapy with
hGH.

11:30-12:00 **Etienne Baulieu:**
Can aging be delayed by pharmacotherapy?
The pros and cons of pharmacotherapy with
testosterone and DHEAS.

Session 7

President: **N. Matsaniotis**

12:00-12:30 **Gary Striker:**
Stem cells and Aging related oxidant stress.

12:30-13:00 **George Chrousos:**
Maintaining a young mind: a prerequisite for
Eulogevity.

Closing Remarks:

N. Matsaniotis - C. Dacou-Voutetakis

General Information

Organized by

HORMONES

14 Alexandra's Avenue,
106 82 Athens, GREECE
Tel: + 30 210 7774370, 7474046
Fax: +30 210 7701552
Email: info@hormones.gr
www.hormones.gr

Meeting Venue

Saint John Hotel, Villas & Spa,
Agios Ioannis, 84600 Mykonos, Greece
Tel: +30 22890 28752
Fax: +30 22890 28751
www.saintjohn.gr

Official Language

The official language
of the Meeting is English

Registration Fee

Until August 31st: €120,00
From September 1st: €150,00

Registration, Accommodation & Tickets

First Conferences & Events

121 Michalakopoulou Str.
115 27 Athens, Greece
Tel.: +30 210 7787016
Fax: +30 210 7787566
Email: firstce@hol.gr
www.firstevents.gr

