

**Table 1.** Dynamic endocrine testing of the patient with panhypopituitarism and empty sella.

Age (yrs)	Test performed	Expected normal values	Hormonal values at				
			0	30	60	90	120
			minutes				
12 <sup>10/12</sup>	GHRH GRF 20.2 mg i.v.	GH µg/L (> 8)	1.3	1.5	2.2	1.3	1.4
12 <sup>10/12</sup>	TRH 144.4mg	TSH mU/l (0.4 – 3.5)	1.0	8.7	9.2	10.7	8.8
12 <sup>10/12</sup>	LHRH Gonadorelin 37 mg i.v.	LH IU/L (1.7 – 8.6)	0.8	2.3	2.5	2.8	2.4
		FSH IU/L (1.6 – 11.0)	0.1	1.3	1.2	1.0	1.0
12 <sup>10/12</sup>	Metopirone 585 mg orally	ACTH pmol/l (1.0 – 17.0)	< 1	–	–	–	< 1
		cortisol nmol/l (244 – 727 a.m.)	180	–	–	–	235
12 <sup>11/12</sup>	Arginine 9.75 g i.v.	GH µg/L (> 8)	0.7	0.9	0.8	0.8	0.9
		blood glucose mmol/l (3.5 – 5.5)	4.1	4.3	4.2	3.9	4.0
18 <sup>6/12</sup>	LHRH Gonadorelin 100 µg i.v.	LH IU/L (1.7 – 8.6)	< 0.1	< 0.1	< 0.1	< 0.1	< 0.1
		FSH IU/L (1.6 – 11.0)	< 0.1	< 0.1	< 0.1	< 0.1	< 0.1
18 <sup>6/12</sup>	LHRH LHRH pump + 100 µg i.v.	testosterone nmol/l (9.9 – 27.8)	0.7	1 <sup>st</sup> day	2 <sup>nd</sup> day	3 <sup>rd</sup> day	
			–	1.0	0.9	(pump off)	
			–	–	–	1.3	
18 <sup>10/12</sup>	CRF CRH 57.8 µg i.v.	ACTH pmol/l (1.0–17.0)	3.9	14.4	9.2	7.5	8.7
		cortisol nmol/l (244 – 727 a.m.)	64	135	130	106	138
23 <sup>1/12</sup>	Arginine/GHRH 30 g solution i.v.	GH µg/L (> 8)	< 0.1	< 0.1	< 0.1	< 0.1	< 0.1
23 <sup>1/12</sup>	Pyridostigmine/GHRH 120 mg Mestinon p.o. + 50 µg GHRH	GH µg/L (> 8)	< 0.1	< 0.1	< 0.1	< 0.1	< 0.1
23 <sup>1/12</sup>	Insulin 6.9 IU Actrapid i.v.	blood glucose mmol/l (3.5 – 5.5)	4.8	2.1	3.6	3.8	3.4
		GH µg/L (> 8)	< 0.1	< 0.1	< 0.1	< 0.1	< 0.1
		cortisol nmol/L (244 – 727 a.m.)	70	25	25	25	100